#### WELCOME TO

#### JOINT CULTURAL ORIENTATION

This program is a cooperative effort of PARA/Bethany, Lutheran Social Services, and Refugee Support Services.

#### Finances

Banking, Budgeting, and Planning for the Future in America

## FINANCES FOR THE NEWCOMER

The Basics

#### Bridge Card



- 1. Funds are deposited automatically
- 2. Food stamps (use for purchasing food items only)
- 3. Cash (if you qualify for cash assistance)
  - a. At Meijer, you will be allowed to withdraw up to \$100 at service counter
  - b. At Family Fare, you have to make purchase, then you can withdraw cash
  - c. At ATM's you can withdraw as much as you want but it will cost you \$2.50 each time.

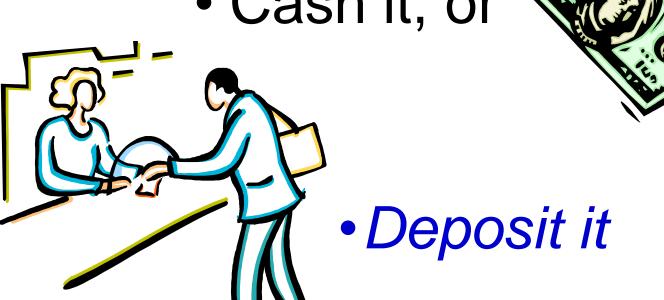
#### Pay Stub

Some are attached and some are separate.

- Deductions the following are some deductions that may be listed on your pay stub
  - a. Taxes federal, state, sometimes local
  - b. Medicare future benefit
  - c. Social security retirement benefit
  - d. Others (i.e. insurance, donations, etc.)
- 2. Save the stubs!

#### When you receive your pay check you may...

Cash it, or





### You can write checks to...

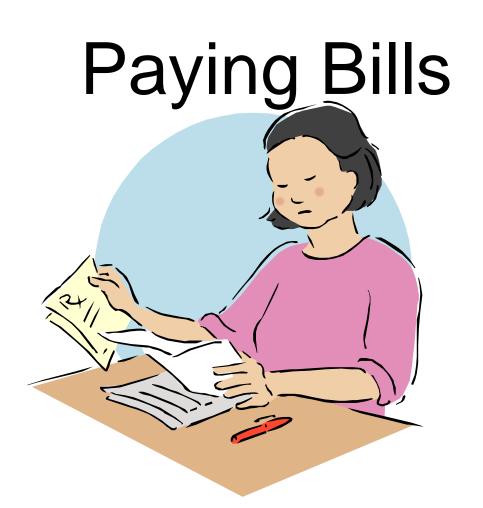
**Get Cash** 





Pay Bills

This is called leaving a "paper trail" and is helpful in keeping track of expenses.



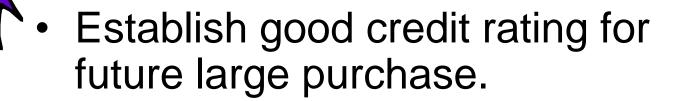
#### It is best to pay by check.



#### Always pay on time.



#### This will help you...



Avoid late fees.

Maintain a good relationship with a creditor, even if sometimes you must pay a reduced amount.

#### Receipts – Always Save Them!

- This will help you keep track of the balance in your Bridge Card account.
- It will also help with budgeting.

Receipts will be needed if you must return

something.





#### Make a plan – and stick to it!





## A Budget is a Plan for How to Use Your Money

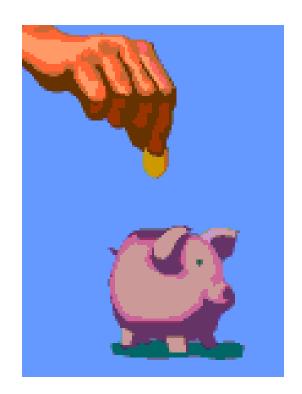


There is help available for budget planning.



## When you have paid your bills, if there is money left, don't just spend it.

#### Save it!



You may need it in the future.

When you pay your bills, if there is not enough money, make a plan for what to do.



## Look for ways to get more money.

- Find a better job.
- Look for additional work, like overtime, or an extra part time job.
- Consider having your spouse find additional work.

#### Look for places to cut spending.



You may think there is no place in your budget to cut anything. But you may be surprised that many "little things" can make a big difference.

# Take Advantage of Opportunities to Save Money on expenses in your Monthly Budget



- Lifeline is a program with the phone company that can save you money.
- Phone Cards look for the best prices for the countries you call the most.
  Note: Remember, calling cell phones in other countries is more expensive.

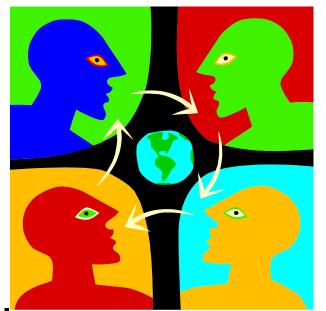
#### **Utilities**

- You may qualify for reduced rates from utility companies because of your income.
- You may be able to work out special payment plans to avoid big heat bills during the winter.
- You may be eligible for assistance from agencies that help pay utility bills for low-income people.

Remember to ask about these!

#### Networking

- Talk to your friends, relatives and co-workers.
- Find organizations that are set up to help low-income families.
- Trade time for home maintenance/auto repair etc.



#### Be Aware of Potential Problems



#### **Credit Cards**

- You may pay high interest rates if you do not pay in full each month
- Credit card use can lead to "impulse buying"



#### Buying a Car on Credit

- Often leads to buying a more expensive car than you can really afford
- Requires full insurance coverage
  - which can be very expensive

#### Cell phones

Usually require a multi-year contract

- Many confusing plans
- Do not provide internet access

#### Sample Newcomer Budget

Making it all fit



#### **INCOME:**

\$7.50 per hour X 40 hours/week= \$1290 per month "gross"

less taxes (25%)= \$967 per month "take home"

#### **LESS EXPENSES:**

Rent		\$	<b>550</b>
Electric		\$	35
Telephone		\$	30
Cable TV			
Laundry		\$	20
Food			
Bus Pass		<u>\$</u>	<u>30</u>
	total	\$ 9	955

#### **EQUALS:**

\$1290 (gross pay) – 25% (taxes, deductions)

= \$967 (take home pay) - \$955 (expenses)

= just \$12 left for everything else!



## It is important to keep track of the money you spend on little things.

#### **Activity**

- Pop (1 can a day, 5 days a week)
- Cable TV
- Coffee (1 cup a day, 5 days a week)
- Cigarettes (1 pack a day)
- Movie (1 time a week)
- Fast Food (2 times a week, \$3.99 each time)
- Candy Bar (1 a day, 5 days a week)
- Newspaper (6 days a week)
- Rented Movies (2 per week)
- Caller ID



#### **Monthly**

\$20.00

\$40.00

\$20.00

\$150.00

\$30.00

\$31.92

\$13.80

\$28.00

\$12.00

\$9.50

## What will this cost one person in one year?

<ul><li>Cans</li></ul>	of	pop
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- Cable TV
- Coffee
- Cigarettes
- Movies
- Fast Food
- Candy bars
- Newspapers
- Rented Movies
- Caller ID

Don't let your money just "walk away."



Grand total

\$248

\$480

\$240

\$1,800

\$360

\$383

\$165

\$144

\$336

<u>\$114</u>

\$4262

#### Keep track of what you spend.

 For one month, keep track of all the money you spend.

• Write down everything.

 You may be surprised at how much you spend on little things.

 Would you maybe prefer to spend your money on something else?

#### Remember,

Make a plan – and stick to it!



...and ask for help if you need it!